

THE CURRICULUM (FIRST BHMS)

Subjects in 1st BHMS – Subjects for study and examination for the 1st B.H.M.S (Degree) Course shall be as under, namely:–

Sl. No	Name of the Subject	Subject taught during	Holding of examination
1.	Anatomy	First B.H.M.S.	At the end of First B.H.M.S.
2.	Physiology	First B.H.M.S.	At the end of First B.H.M.S.
3.	Organon of Medicine with Homoeopathic Philosophy	First B.H.M.S, Second B.H.M.S, Third B.H.M.S and Fourth B.H.M.S.	At the end of Second, Third and Fourth B.H.M.S.
4.	Homoeopathic Pharmacy	First B.H.M.S.	At the end of First B.H.M.S.
5.	Homoeopathic Materia Medica	First B.H.M.S, Second B.H.M.S, Third B.H.M.S and Fourth B.H.M.S.	At the end of Second, Third and Fourth B.H.M.S.

Syllabus for 1ST BHMS Degree Course. – The following shall be the syllabus for 1st B.H.M.S (Degree) Course.

ANATOMY

Instructions:

- I (a) Instructions in anatomy should be so planned as to present a general working knowledge of the structure of the human body;
 - (b) The amount of detail which a student is required to memorise should be reduced to the minimum;
 - (c) Major emphasis should be laid on functional anatomy of the living subject rather than on the static structures of the cadaver, and on general anatomical positions and broad relations of the viscera, muscles, blood-vessels, nerves and lymphatics and study of the cadaver is the only means to achieve this;
 - (d) Students should not be burdened with minute anatomical details which have no clinical significance.
- II Though dissection of the entire body is essential for the preparation of the student of his clinical studies, the burden of dissection can be reduced and much saving of time can be effected, if considerable reduction of the amount of topographical details is made and the following points are kept in view:-
- (1) Only such details as have professional or general educational value for the medical students.
 - (2) The purpose of dissection is to give the student an understanding of the body in relation to its function, and the dissection should be designed to achieve this goal.
 - (3) Normal radiological anatomy may also form part of practical or clinical training and the structure of the body should be presented linking functional aspects.
 - (4) Dissection should be preceded by a course of lectures on the general structure of the organ or the system under discussion and then its function. In this way anatomical and physiological knowledge can be presented to students in an integrated form and the

- instruction of the whole course of anatomy and physiology and more interesting, lively and practical or clinical.
- (5) A good part of the theoretical lectures on anatomy can be transferred to tutorial classes with the demonstrations.
 - (6) Students should be able to identify anatomical specimens and structures displayed in the dissections.
 - (7) Lectures or demonstrations on the clinical and applied anatomy should be arranged in the later part of the course and it should aim at demonstrating the anatomical basis of physical signs and the value of anatomical knowledge to the students.
 - (8) Seminars and group discussions to be arranged periodically with a view of presenting these subjects in an integrated manner.
 - (9) More stress on demonstrations and tutorials should be given. Emphasis should be laid down on the general anatomical positions and broad relations of the viscera, muscles, blood vessels, nerves and lymphatics.
 - (10) There should be joint seminars with the departments of Physiology and Bio-Chemistry which should be organised once a month.
 - (11) There should be a close correlation in the teaching of gross Anatomy, Histology, Embryology and Genetics and the teaching of Anatomy, Physiology including Bio-chemistry shall be integrated.

A. Theory:

- (a) A complete course of human anatomy with general working knowledge of different anatomical parts of the body.

The curriculum includes the following, namely:-

1. General Anatomy:

- 1.1. Modern concepts of cell and its components; cell division, types with their significance.
- 1.2. Tissues.
- 1.3. Genetics.

2. Developmental anatomy (Embryology):

- 2.1. Spermatogenesis
- 2.2. Oogenesis
- 2.3. Formation of germ layers
- 2.4. Development of embryogenic disk
- 2.5. Placenta
- 2.6. Development of abdominal organs
- 2.7. Development of cardio vascular system
- 2.8. Development of nervous system
- 2.9. Development of respiratory system
- 2.10. Development of body cavities
- 2.11. Development of uro-genital system

3. Regional anatomy:

This will be taught under the following regions:-

- 3.1. Head, Neck and Face, Brain
- 3.2. Thorax
- 3.3. Abdomen
- 3.4. Upper and Lower Extremities
- 3.5. Special Senses

Each of the above areas will cover,-

- (a) osteology
- (b) syndesmology (joints)
- (c) myology
- (d) angiology
- (e) neurology
- (f) splanchnology (viscera and organs)
- (g) surface anatomy
- (h) applied anatomy
- (i) radiographic anatomy

4. Histology (Microanatomy):

B. Practical -

- 1. Dissection of the whole human body, demonstration of dissected parts.
- 2. Identification of histological slides related to tissues and organs.
- 3. Students shall maintain practical or clinical journals and dissection cards.

C. Examination:

1. Theory:

The written papers in anatomy shall be in two papers, namely:-

1.1. Paper-I

- a. General Anatomy,
- b. Head, face and neck, Central nervous System, upper extremities and Embryology.

1.2. Paper-II

- a. Thorax, abdomen, pelvis, lower extremities and Histology (micro-anatomy).

2. The Practical including viva voce or oral examination includes the following:-

2.1. Marks: 200

2.2. Distribution of marks-

	Marks
2.2.1. Knowledge of dissected parts-	20
2.2.2. Viscera	20
2.2.3. Bones	20
2.2.4. Surface Anatomy	10
2.2.5. Spotting(including Radiology and Histology)	20
2.2.6. Maintenance of Practical record or journal and dissection card	10
2.2.7. Viva Voce (Oral)	100

Total	<u>200</u>

PHYSIOLOGY

Instructions:

- I (a) The purpose of a course in physiology is to teach the functions, processes and inter-relationship of the different organs and systems of the normal disturbance in disease and to equip the student with normal standards of reference for use while diagnosing and treating deviations from the normal;
- (b) To a Homoeopath the human organism is an integrated whole of body life and mind and though life includes all the chemico-physical processes it transcends them;
- (c) There can be no symptoms of disease without vital force animating the human organism and it is primarily the vital force which is deranged in disease;

- (d) Physiology shall be taught from the stand point of describing physical processes underlying them in health;
 - (e) Applied aspect of every system including the organs is to be stressed upon while teaching the subject.
- II (a) There should be close co-operation between the various departments while teaching the different systems;
- (b) There should be joint courses between the two departments of anatomy and physiology so that there is maximum co-ordination in the teaching of these subjects;
 - (c) Seminars should be arranged periodically and lecturers of anatomy, physiology and bio-chemistry should bring home the point to the students that the integrated approach is more meaningful.

A. Theory:

The curriculum includes the following, namely:–

I. General physiology:

1. Introduction to cellular physiology
2. Cell Junctions
3. Transport through cell membrane and resting membrane potential
4. Body fluids compartments
5. Homeostasis

II. Body fluids:

1. Blood
2. Plasma Proteins
3. Red Blood Cells
4. Erythropoiesis
5. Haemoglobin and Iron Metabolism
6. Erythrocyte Sedimentation Rate
7. Packed Cell Volume and Blood Indices
8. Anaemia
9. Haemolysis and Fragility of Red Blood Cells
10. White Blood Cell
11. Immunity
12. Platelets
13. Haemostasis
14. Coagulation of Blood
15. Blood groups
16. Blood Transfusion
17. Blood volume
18. Reticulo-endothelial System and Tissue Macrophage
19. Lymphatic System and Lymph
20. Tissue Fluid and Oedema

III. Cardio-vascular system:

1. Introduction to cardiovascular system
2. Properties of cardiac muscle
3. Cardiac cycle
4. General principles of circulation
5. Heart sounds
6. Regulation of cardiovascular system
7. Normal and abnormal Electrocardiogram (ECG)
8. Cardiac output
9. Heart rate
10. Arterial blood pressure
11. Radial Pulse
12. Regional circulation- Cerebral, Splanchnic, Capillary, Cutaneous & skeletal muscle circulation
13. Cardiovascular adjustments during exercise

IV. Respiratory system and environmental physiology:

1. Physiological anatomy of respiratory tract
2. Mechanism of respiration : Ventilation, diffusion of gases
3. Transport of respiratory gases
4. Regulation of respiration
5. Pulmonary function tests
6. High altitude and space physiology
7. Deep sea physiology
8. Artificial respiration
9. Effects of exercise on respiration

V. Digestive system:

1. Introduction to digestive system
2. Composition and functions of digestive juices
3. Physiological anatomy of Stomach, Pancreas, Liver and Gall bladder, Small intestine, Large intestine
4. Movements of gastrointestinal tract
5. Gastrointestinal hormones
6. Digestion and absorption of carbohydrates, proteins and lipids

VI. Renal physiology and skin:

1. Physiological anatomy of kidneys and urinary tract
2. Renal circulation
3. Urine formation : Renal clearance, glomerular filtration, tubular reabsorption, selective secretion, concentration of urine, acidification of urine
4. Renal function tests
5. Micturition
6. Skin
7. Sweat
8. Body temperature and its regulation

VII. Endocrinology:

1. Introduction to endocrinology
2. Hormones and hypothalamo-hypophyseal axis
3. Pituitary gland
4. Thyroid gland
5. Parathyroid
6. Endocrine functions of pancreas
7. Adrenal cortex
8. Adrenal medulla
9. Endocrine functions of other organs

VIII. Reproductive system:

1. Male reproductive system- testis and its hormones; seminal vesicles, prostate gland, semen.
2. Introduction to female reproductive system
3. Menstrual cycle
4. Ovulation
5. Menopause
6. Infertility
7. Pregnancy and parturition
8. Placenta
9. Pregnancy tests
10. Mammary glands and lactation
11. Fertility
12. Foetal circulation

IX. Central nervous system:

1. Introduction to nervous system
2. Neuron

3. Neuroglia
4. Receptors
5. Synapse
6. Neurotransmitters
7. Reflex
8. Spinal cord
9. Somato-sensory system and somato-motor system
10. Physiology of pain
11. Brainstem, Vestibular apparatus
12. Cerebral cortex
13. Thalamus
14. Hypothalamus
15. Internal capsule
16. Basal ganglia
17. Limbic system
18. Cerebellum – Posture and equilibrium
19. Reticular formation
20. Proprioceptors
21. Higher intellectual function
22. Electroencephalogram (EEG)
23. Physiology of sleep
24. Cerebro-spinal fluid (CSF)
25. Autonomic Nervous System (ANS)

X. Special senses:

1. Eye : Photochemistry of vision, Visual pathway, Pupillary reflexes, Colour vision, Errors of refraction
2. Ear: Auditory pathway, Mechanism of hearing, Auditory defects
3. Sensation of taste : Taste receptors, Taste pathways
4. Sensation of smell : Olfactory receptors, olfactory pathways
5. Sensation of touch

XI. Nerve muscle physiology:

1. Physiological properties of nerve fibres
2. Nerve fibre- types, classification, function, Degeneration and regeneration of peripheral nerves
3. Neuro-Muscular junction
4. Physiology of Skeletal muscle
5. Physiology of Cardiac muscle
6. Physiology of Smooth muscle
7. EMG and disorders of skeletal muscles

XII. Bio-physical sciences:

1. Filtration
2. Ultra filtration
3. Osmosis
4. Diffusion
5. Adsorption
6. Hydrotropy
7. Colloid
8. Donnan Equilibrium
9. Tracer elements
10. Dialysis
11. Absorption
12. Assimilation
13. Surface tension

B. Practical:

I. Haematology:

1. Study of the Compound Microscope
2. Introduction to haematology
3. Collection of Blood samples.
4. Estimation of Haemoglobin Concentration
5. Determination of Haematocrit
6. Haemocytometry
7. Total RBC count
8. Determination of RBC indices
9. Total Leucocytes Count (TLC)
10. Preparation and examination of Blood Smear
11. Differential Leucocyte Count (DLC)
12. Absolute Eosinophil Count
13. Determination of Erythrocyte Sedimentation Rate
14. Determination of Blood Groups
15. Osmotic fragility of Red cells
16. Determination of Bleeding Time and Coagulation Time
17. Platelet Count
18. Reticulocyte Count

II. Human experiments:

1. General Examination
2. Respiratory System- Clinical examination, Spirometry, Stethography
3. Gastrointestinal System- Clinical examination
4. Cardiovascular System- Blood pressure recording, Radial pulse, ECG, Clinical examination
5. Nerve and Muscle Physiology- Mosso's Ergography, Handgrip Dynamometer
6. Nervous System- Clinical examination
7. Special Senses- Clinical examination
8. Reproductive System- Diagnosis of pregnancy

BIO-CHEMISTRY

A. *Theory:*

1. Carbohydrates: (Chemistry, Metabolism, Glycolysis, TCA, HMP, Glycogen synthesis and degradation, Blood glucose regulation)
2. Lipids: (Chemistry, Metabolism, Intestinal uptake, Fat transport, Utilisation of stored fat, Activation of fatty acids, Beta oxidation and synthesis of fatty acids)
3. Proteins: (Chemistry, Metabolism, Digestion of protein, Transamination, Deamination, Fate of Ammonia, Urea cycle, End products of each amino acid and their entry into TCA cycle.
4. Enzymes: (Definition, Classification, Biological Importance, Diagnostic use, Inhibition)
5. Vitamins: (Daily requirements, Dietary source, Disorders and physiological role)
6. Minerals (Daily requirement, Dietary Sources, Disorders and physiological role)
7. Organ function tests

B. *Practical:*

1. Demonstration of uses of instruments or equipment
2. Qualitative analysis of carbohydrates, proteins and lipids
3. Normal characteristics of urine
4. Abnormal constituents of urine
5. Quantitative estimation of glucose, total proteins, uric acid in blood
6. Liver function tests
7. Kidney function tests
8. Lipid profile
9. Interpretation and discussion of results of biochemical tests.

C. *Examination:*

1. Theory:

- (1) No. of Papers- 02
- (2) Marks: Paper I- 100
- (3) Paper II- 100

1.1. Contents:

1.1.1. Paper-I:

General Physiology, Biophysics, Body fluids, Cardiovascular system, Reticuloendothelial system, Respiratory system, Excretory system, Regulation of body temperature, Skin, Nerve Muscle physiology

1.1.2. Paper-II:

Endocrine system, Central Nervous System, Digestive system and metabolism, Reproductive system, Sense organs, Biochemistry, Nutrition.

2. Practical Including viva voce or oral:

2.1. Marks; 200

2.2. Distribution of marks;

2.2.1. Experiments

Marks

50

2.2.2. Spotting

30

2.2.3. Maintenance of Practical
record/Journal

20

2.2.4. Viva Voce (Oral)

100

Total

200

ORGANON OF MEDICINE WITH HOMOEOPATHIC PHILOSOPHY

Instructions:

- I (a) Organon of Medicine with Homoeopathic Philosophy is a vital subject which builds up the conceptual base of the physician;
- (b) It illustrates those principles which when applied in practice enable the physician to achieve results, which he can explain logically and rationally in medical practice with greater competence;
- (c) Focus of the education and training should be to build up the conceptual base of Homoeopathic Philosophy for use in medical practice.
- II Homoeopathy should be taught as a complete system of medicine with logical rationality of its holistic, individualistic and dynamistic approach to life, health, disease, remedy and cure and in order to achieve this, integration in the study of logic, psychology and the fundamentals of Homoeopathy becomes necessary.
- III (a) It is imperative to have clear grasp of inductive and deductive logic, and its application and understanding of the fundamentals of Homoeopathy;
- (b) Homoeopathic approach in therapeutics is a holistic approach and it demands a comprehension of patient as a person, disposition, state of his mind and body, along with the study of the disease process and its causes;
- (c) Since Homoeopathy lays great emphasis on knowing the mind, preliminary and basic knowledge of the psychology becomes imperative for a homoeopathic physician and introduction to psychology will assist the student in building up his conceptual base in this direction.
- IV The department of organon of medicine shall co-ordinate with other departments where students are sent for the pre-clinical and clinical trainin and this will not only facilitate integration with other related departments, but also enhance the confidence of the students when they will be attending specialty clinics.

FIRST B.H.M.S.

A. Theory:

1. Introductory lectures

- 1.1. Evolution of medical practice of the ancients (Prehistoric Medicine, Greek Medicine, Chinese medicine, Hindu medicine and Renaissance) and tracing the empirical, rationalistic and vitalistic thoughts.
- 1.2. Short history of Hahnemann's life, his contributions, and discovery of Homoeopathy, situation leading to discovery of Homoeopathy
- 1.3. Brief life history and contributions of early pioneers of homoeopathy like C.V. Boenninghausen, J.T. Kent, C.Hering, Rajendra Lal Dutta, M.L. Sircar
- 1.4. History and Development of Homoeopathy in India, U.S.A. and European countries
- 1.5. Fundamental Principles of Homoeopathy.
- 1.6. Basic concept of:
 - 1.6.1. Health: Hahnemann's concept and modern concept.
 - 1.6.2. Disease: Hahnemann's concept and modern concept.
 - 1.6.3. Cure.
- 1.7. Different editions and constructions of Hahnemann's Organon of Medicine.

2. Logic

To understand organon of medicine and homoeopathic philosophy, it is essential to be acquainted with the basics of LOGIC to grasp inductive and deductive reasonings.

Preliminary lectures on inductive and deductive logic (with reference to philosophy book of Stuart Close Chapter 3 and 16).

3. Psychology

- 3.1. Basics of Psychology.
- 3.2. Study of behavior and intelligence.
- 3.3. Basic concepts of Sensations.
- 3.4. Emotion, Motivation, Personality, Anxiety, Conflict, Frustration, Depression, Fear, Psychosomatic Manifestations
- 3.5 Dreams.

4. Aphorisms 1 to 28 of organon of medicine

5. Homoeopathic Prophylaxis

B. Examination: There shall be no examination in the subject in First B.H.M.S.

HOMOEOPATHIC PHARMACY

Instructions:

Instruction in Homoeopathic Pharmacy shall be so planned as to present ,–

- (1) importance of homoeopathic pharmacy in relation to study of homoeopathic materia medica, organon of medicine and national economy as well as growth of homoeopathic pharmacy and research;
- (2) originality and speciality of homoeopathic pharmacy and its relation to pharmacy of other recognised systems of medicine;
- (3) the areas of teaching shall encompass the entire subject but stress shall be laid on the fundamental topics that form the basis of homoeopathy.

A. Theory:

I. General concepts and orientation:

1. History of pharmacy with emphasis on emergence of Homoeopathic Pharmacy.
2. Official Homoeopathic Pharmacopoeia (Germany, Britain, U.S.A., India).
3. Important terminologies like scientific names, common names, synonyms.
4. Definitions in homoeopathic pharmacy.
5. Components of Pharmacy.
6. Weights and measurements.

7. Nomenclature of homoeopathic drugs with their anomalies.
- II. Raw Material: drugs and vehicles
1. Sources of drugs (taxonomic classification, with reference to utility).
 2. Collection of drug substances.
 3. Vehicles.
 4. Homoeopathic Pharmaceutical Instruments and appliances.
- III. Homoeopathic Pharmaceutics:
1. Mother tincture and its preparation – old and new methods.
 2. Various scales used in homoeopathic pharmacy.
 3. Drug dynamisation or potentisation.
 4. External applications (focus on scope of Homoeopathic lotion, glycerol, liniment and ointment).
 5. Doctrine of signature.
 6. Posology (focus on basic principles; related aphorisms of organon of medicine).
 7. Prescription (including abbreviations).
 8. Concept of placebo.
 9. Pharmaconomy – routes of homoeopathic drug administration.
 10. Dispensing of medicines.
 11. Basics of adverse drug reactions and pharmaco-vigilance.
- IV. Pharmacodynamics:
1. Homoeopathic Pharmacodynamics
 2. Drug Proving (related aphorisms 105 – 145 of organon of medicine) and merits and demerits of Drug Proving on Humans and Animals.
 3. Pharmacological study of drugs listed in Appendix -A
- V. Quality Control:
1. Standardisation of homoeopathic medicines, raw materials and finished products.
 2. Good manufacturing practices; industrial pharmacy.
 3. Homoeopathic pharmacopoeia laboratory – functions and activities, relating to quality control of drugs.
- VI. Legislations pertaining to pharmacy:
1. The Drugs and Cosmetics Act, 1940 (23 of 1940) {in relation to Homoeopathy};
 2. Drugs and Cosmetics Rules, 1945 {in relation to Homoeopathy};
 3. Poisons Act, 1919 (12 of 1919);
 4. The Narcotic Drugs and Psychotropic Substances Act, 1985 (61 of 1985);
 5. Drugs and Magic Remedies (Objectionable Advertisements) Act, 1954 (21 of 1954);
 6. Medicinal and Toilet Preparations (Excise Duties) Act, 1955 (16 of 1955).
- B. Practical:
- Experiments
1. Estimation of size of globules.
 2. Medication of globules and preparation of doses with sugar of milk and distilled water.
 3. Purity test of sugar of milk, distilled water and ethyl alcohol.
 4. Determination of specific gravity of distilled water and ethyl alcohol.
 5. Preparation of dispensing alcohol and dilute alcohol from strong alcohol.
 6. Trituration of one drug each in decimal and centesimal scale.
 7. Succussion in decimal scale from Mother Tincture to 6X potency.
 8. Succussion in centesimal scale from Mother Tincture to 3C potency.
 9. Conversion of Trituration to liquid potency: Decimal scale 6X to 8X potency.
 10. Conversion of Trituration to liquid potency: Centesimal scale 3C to 4C potency.

11. Preparation of 0/1 potency (LM scale) of 1 Drug.
12. Preparation of external applications – lotion, glycerol, liniment, ointment.
13. Laboratory methods – sublimation, distillation, decantation, filtration, crystallisation.
14. Writing of prescription.
15. Dispensing of medicines.
16. Process of taking minims.
17. Identification of drugs (listed in Appendix B)-
 - (i) Macroscopic and Microscopic characteristic of drug substances- minimum 05 drugs;
 - (ii) Microscopic study of trituration of two drugs (up to 3X potency).
18. Estimation of moisture content using water bath.
19. Preparation of mother tincture – maceration and percolation.
20. Collection of 30 drugs for herbarium.
21. Visit to homoeopathic pharmacopoeia laboratory and visit to a large scale manufacturing unit of homoeopathic medicines (GMP compliant). (Students shall keep detailed visit reports as per proforma at Annexure- 'B').

C. Demonstration

1. General instructions for practical or clinical in pharmacy.
2. Identification and use of homoeopathic pharmaceutical instruments and appliances and their cleaning.
3. Estimation of moisture content using water bath.
4. Preparation of mother tincture – maceration and percolation.

APPENDIX-A

List of drugs included in the syllabus of pharmacy for study of pharmacological action:-

1. Aconitum napellus
2. Adonis vernalis
3. Allium cepa
4. Argentum nitricum
5. Arsenicum album
6. Atropa Belladonna
7. Cactus grandiflorus
8. Cantharis vesicatoria
9. Cannabis indica
10. Cannabis sativa
11. Cinchona officinalis
12. Coffea cruda
13. Crataegus oxyacantha
14. Crotalus horridus
15. Gelsemium sempervirens
16. Glonoinum
17. Hydrastis canadensis
18. Hyoscyamus niger
19. Kali bichromicum
20. Lachesis
21. Lithium carbonicum
22. Mercurius corrosivus
23. Naja tripudians
24. Nitricum acidum
25. Nux vomica
26. Passiflora incarnata
27. Stannum metallicum

28. Stramonium
29. Symphytum officinale
30. Tabacum

APPENDIX-B

List of drugs for identification

I. Vegetable Kinngdom

1. Aegle folia
2. Anacardium orientale
3. Andrographis paniculata
4. Calendula officinalis
5. Cassia sophera
6. Cinchona officinalis
7. Cocculus indicus
8. Coffea cruda
9. Colocynthis
10. Crocus sativa
11. Croton tiglium
12. Cynodon dactylon
13. Ficus religiosa
14. Holarrhena antidysenterica
15. Hydrocotyle asiatica
16. Justicia adhatoda
17. Lobelia inflata
18. Nux vomica
19. Ocimum sanctum
20. Opium
21. Rauwolfia serpentina
22. Rheum
23. Saraca indica
24. Senna
25. Stramonium
26. Vinca minor

II. Chemicals or Minerals

1. Aceticum acidum
2. Alumina
3. Argentum metallicum
4. Argentum nitricum
5. Arsenicum album
6. Calcarea carbonica
7. Carbo vegetabilis
8. Graphites
9. Magnesium phosphorica
10. Natrum muriaticum
11. Sulphur

III. Animal kingdom

1. Apis mellifica
2. Blatta orientalis
3. Formica rufa
4. Sepia
5. Tarentula cubensis

Note:

1. Each student shall maintain practical or clinical record or journal and herbarium file separately.

2. College authority shall facilitate the students in maintaining record as per Appendix-C.

E. Examination:

1. Theory

1.1 Number of paper - 01

1.2 Marks: 100

2. Practical including viva voce or oral

2.1. Marks: 100

2.2. Distribution of marks;

2.2.1. Experiments

2.2.2. Spotting

2.2.3. Maintenance of practical records or journal

2.2.4. Maintenance of herbarium record

2.2.5. Viva voce (oral)

Marks

15

20

10

05

50

Total

100

HOMOEOPATHIC MATERIA MEDICA

Instructions:

- I (a) Homoeopathic Materia Medica is differently constructed as compared to other Materia Medicas;
- (b) Homoeopathy considers that study of the action of drugs on individual parts or systems of the body or on animal or their isolated organs is only a partial study of life processes under such action and that it does not lead us to a full appreciation of the action of the medicinal substance, the drug substance as a whole is lost sight of.
- II Essential and complete knowledge of the drug action as a whole can be ascertained only by qualitative drug proving on healthy persons and this alone can make it possible to elicit all the symptoms of a drug with reference to the psychosomatic whole of a person and it is just such a person as a whole to whom the knowledge of drug action is to be applied.
- III (a) The Homoeopathic Materia Medica consists of a schematic arrangement of symptoms produced by each drug, incorporating no theories for explanations about their interpretation or inter-relationship;
- (b) Each drug should be studied synthetically, analytically and comparatively, and this alone would enable a Homoeopathic student to study each drug individually and as a whole and help him to be a good prescriber.
- IV (a) The most commonly indicated drugs for day to day ailments should be taken up first so that in the clinical classes or outdoor duties the students become familiar with their applications and they should be thoroughly dealt with explaining all comparisons and relationship;
- (b) Students should be conversant with their sphere of action and family relationships and the rarely used drugs should be taught in outline, emphasizing only their most salient features and symptoms.
- V Tutorials must be introduced so that students in small numbers can be in close touch with teachers and can be helped to study and understand Materia Medica in relation to its application in the treatment of the sick.
- VI (a) While teaching therapeutics an attempt should be made to recall the Materia Medica so that indications for drugs in a clinical condition can directly flow out from the proving of the drugs concerned;
- (b) The student should be encouraged to apply the resources of the vast Materia Medica in any sickness and not limit himself to memorise a few drugs for a particular disease and this Hahnemannian approach will not only help him in understanding the proper perspective of symptoms as applied and their curative value in sickness but will even lighten his burden as far as formal examinations are concerned;

- (c) Application of Materia Medica should be demonstrated from case-records in the outdoor and the indoor;
 - (d) Lectures on comparative Materia Medica and therapeutics as well as tutorials should be integrated with lectures on clinical medicine;
- VII For the teaching of drugs, the department should keep herbarium sheets and other specimens for demonstrations to the students and audio-visual material shall be used for teaching and training purposes.
- VIII (a) There is a large number of Homoeopathic medicines used today and much more medicines being experimented and proved at present and more will be added in future and some very commonly used Homoeopathic medicines are included in this curriculum for detail study;
- (b) It is essential that at the end of this course each student should gain basic and sufficient knowledge of “How to study Homoeopathic Materia Medica” and to achieve this objective basic and general topic of Materia Medica should be taught in details during this curriculum, general topics should be taught in all the classes;
 - (c) The medicines are to be taught under the following headings, namely:–
 - (1) Common name, family, habitat, parts used, preparation, constituents (of source material).
 - (2) Proving data.
 - (3) Sphere of action.
 - (4) Symptomatology of the medicine emphasizing the characteristic symptoms (mental, physical generals and particulars including sensations, modalities and concomitants) and constitution.
 - (5) Comparative study of medicines.
 - (6) Therapeutic applications (applied Materia Medica).

FIRST B.H.M.S.

A. Theory:

General topics of Materia Medica :-(including introductory lectures)

- (a) Basic Materia Medica –
 - 1. Basic concept of Materia Medica
 - 2. Basic construction of various Materia Medicas
 - 3. Definition of Materia Medica
- (b) Homoeopathic Materia Medica
 - 1. Definition of Homoeopathic Materia Medica
 - 2. Basic concept and construction of Homoeopathic Materia Medica.
 - 3. Classification of Homoeopathic Materia Medica.
 - 4. Sources of Homoeopathic Materia Medica.
 - 5. Scope and Limitations of Homoeopathic Materia Medica

Note: There shall be no examination in First B.H.M.S.

FIRST BHMS EXAMINATION

First B.H.M.S examination.–

- (i) The student shall be admitted to the First B.H.M.S examination provided he has required attendance as per clause (iii) of regulation 13 to the satisfaction of the head of the college.
- (ii) The First BHMS examination shall be held in the 12th month of admission.
- (iii) The minimum number of hours for lecture, tutorial, demonstration or practical classes and seminars in the subjects shall be as under:-

Sl. No.	Subject	Theoretical lecture(in hours)	Practical or clinical or tutorial or seminars (in hours).
1.	Organon of Medicine with Homoeopathic Philosophy	35 (including 10 for logic)	--
2.	Anatomy	200 (including 10 hours each for histology and embryology).	275 (including 30 on histology and embryology).
3.	Physiology	200 (including 50 hours for bio-chemistry)	275 hours (including 50 hours for Bio-chemistry).
4.	Pharmacy	100	70
5.	Homoeopathic Materia Medica	35	--

- (iv) Full marks for each subject and the minimum number of marks required for passing the First B.H.M.S examination shall be as follows, namely:-

Subject	Written		Practical (including oral)		Total	
	full marks	pass marks	full marks	pass marks	full marks	pass marks
Homoeopathic Pharmacy	100	50	100	50	200	100
Anatomy	200	100	200	100	400	200
Physiology	200	100	200	100	400	200

Educational Tour

Components:

Number of Students:

Name of teachers accompanying students:

What the tour is about- an overview:

Prerequisites –What knowledge the students must know before going for tour

How it will be organized:

Approaches to teaching or learning and assessment:

Aim and objective:

1. To provide the basic knowledge of practical aspects of pharmacy/ FMT/ community medicine by exposure of students to pharmaceutical labs. and HPL/ district courts/ hospitals/ milk dairies/ PHC/ I.D. Hospitals/ industrial units/ sewage treatment plants/ water purification plants as the case may be.
2. To inspire students for their involvement in study during the said visits to learn the related procedures.
3. To provide the platform for evaluation of their skill and knowledge by interactive methodology.
4. To infuse confidence amongst students about homoeopathy, its future and their career.
5. To provide interaction between students, induce decision making skills and to motivate them for better vision about their future.
6. To improve cognitive skills (thinking and analysis).
7. To improve communication skills (personal and academic).

Learning outcomes:

1. To be more than a wish list objectives, need to be realistic, pragmatic, understandable and achievable.
2. The focus should be on what students will be able to do or how they will show that they know, and how this will help in their career and individual growth.
3. Knowledge we want the students to have by the end of the course.
4. Skills we want the students to master by the end of the course.
5. Attitudes we want students to demonstrate at the ends of the course.

Note: It shall be an essential part of the Journal on the subject a viva- voice can be put in respect of it.

Resources

1. Essential and recommended text books.
2. Journals and other readings.
3. Equipment and apparatus.

Visit record

1. Places visited with photographs
2. Programmes organized during visit.
3. Summary.

Assignment or project report

1. Description of assignments.
2. Due dates of assignments.
3. Preparation method for the project report
 - (i) Purpose.
 - (ii) Schedule.
 - (iii) Places visited.
 - (iv) Details of visit.
 - (v) Summary of achievements or learnings.